Elimination of classically-activated macrophages in tumor-conditioned medium by alternatively-activated macrophages

Fidel-Nicolás Lolo1,2,*, Cristina Rius3,4 and Sergio Casas-Tinto5,6,*

ABSTRACT
Cellular interactions are critical during development, tissue fitness and epithelial tumor development. The expression levels of specific genes confer to tumoral cells a survival advantage versus the normal neighboring cells. As a consequence, cells surrounding tumors are eliminated and engulfed by macrophages. We propose a novel scenario in which circulating cells facing a tumor can reproduce these cellular interactions. In vitro cultured macrophages from murine bone marrow were used to investigate this hypothesis. M1 macrophages in tumoral medium upregulated markers of a suboptimal condition, such as Sparc and TyrRS, and undergo apoptosis. However, M2 macrophages display higher Myc expression levels and proliferate at the expense of M1. Resulting M1 apoptotic debris is engulfed by M2 in a Sparc- and TyrRS-dependent manner. These findings suggest that tumor-dependent macrophage elimination could deplete immune response against tumors. This possibility could be relevant for macrophage based anti-tumoral strategies.

KEY WORDS: Classically-activated macrophages, Alternatively-activated macrophages, Tumoral environment, Apoptosis

INTRODUCTION
Therapeutic strategies in oncology include the adoptive transfer of anti-tumoral classically-activated macrophages (CAMs, also referred to as M1) (Eymard et al., 1996). Ex vivo programmed CAMs have the potential to induce regression of established tumors (Shiao et al., 2011; Andreesen et al., 1990). However, transfer of CAMs for cellular therapy has not reached the expected results so far; exogenous activated macrophages show restricted motility and become rapidly undetectable when facing the tumor microenvironment (Shiao et al., 2011; Andreesen et al., 1990; Tvete et al., 2014). We rationalized that transferred exogenous CAMs used in cellular anti-tumoral therapy might be somehow eliminated, thus compromising the efficiency of treatment. To study that, we use an in vitro model of polarized macrophages, M1, which are key effector cells for the elimination of cancer cells, and M2, which promote tumoral growth (Italiani and Boraschi, 2014), to study their behavior under tumoral conditions. Our results show that M1 upregulated Secreted Protein, Acidic, Cysteine-Rich (SPARC) and Tyrosyl-tRNA synthetase (TyrRS), which have previously been shown as markers of compromised cellular fitness (Casas-Tinto et al., 2015; Portela et al., 2010). Concomitantly, M1 macrophages undergo apoptosis and are finally engulfed by M2 macrophages. Based on these observations, we propose that adoptive transfer of macrophages as an anti-tumor therapy might undergo CAM elimination, and can have an impact on the effectiveness of the treatment.

RESULTS
To characterize whether anti-tumor macrophages are compromised under tumoral conditions, we analyzed SPARC and TyrRS expression. We used an in vitro model of murine bone marrow-derived M1 and M2 macrophages. Polarization was validated using specific M1 and M2 markers (Fig. S1) (Quatromoni and Eruslanov, 2012). M1 and M2 were separately cultured either in control, B16F10-derived or A-549-derived tumoral media for 24 h. M1 showed a significant increase of SPARC and TyrRS expression both at mRNA (Fig. 1A,B) and protein levels when cultured in tumor-conditioned medium, compared to M2 (Fig. 1C-N, M1 protein levels quantified in Fig. 1O).

These results suggest that M1 show a compromised fitness compared to M2. In addition M2 cells upregulated c-Myc expression as compared to M1 (Pello, 2016; Pello et al., 2012a,b; Cano-Ramos et al., 2014) (Fig. 1P). In line with these results, slightly increased levels of c-Myc confer advantageous properties to Drosophila and mammalian epithelial cells (Moreno and Basler, 2004; Claveria et al., 2013; Morata and Ballesters-Arias 2015), whereas lower levels of c-Myc determine a suboptimal state (Johnston et al., 1999). Altogether, these data indicate that M1 cells are tagged as suboptimal cells in this tumoral context. To determine whether M1 cells are eliminated in a tumoral medium but M2 survive, we studied apoptosis response after culturing M1 and M2 separately in either control, B16F10-derived or A-549-derived tumoral media for 24 h. There were no differences in TUNEL-positive cells between M1 and M2 cells in control medium (Fig. 2A). However, we observed that only M1 macrophages underwent apoptosis significantly when cultured in tumoral-conditioned medium (Fig. 2A). This observation was further confirmed by active Caspase-3 staining, which showed upregulation specifically in M1 after 24 h of culture in tumoral-conditioned media (Fig. 2B-G, quantified in Fig. 2I). Then, to rule out the possible apoptotic effect of M2-secreted factors during this time-period, we cultured M1 in M2-derived medium and analyzed the number of apoptotic cells. There were no significant differences...
in the percentages of apoptotic M1 and M2 macrophages at the different time-points analyzed (Fig. 2H; FACS in Fig. S2). These results show that M1 autonomously activate apoptosis in response to tumor-conditioned medium.

Previous reports have shown that a population of phagocytic cells contribute to the elimination of apoptotic cells (Lolo et al., 2012). We therefore decided to characterize whether M2 could participate in the elimination of anti-tumoral M1 once apoptosis is activated. We co-cultivated M1 and M2 macrophages at a 1:1 proportion (previously labeled with different color-cell trackers, see Materials and Methods) in control or B16F10-derived tumoral medium. After 24 h, 48 h and 5 days of co-culture, we quantified the number of each population; our results show that the ratio M1/M2 remained unaffected when co-cultured in control medium. However, when co-cultured in B16F10-derived tumoral medium the M1 population was reduced compared to M2 (Fig. 3A-D; Table S1, Figs S3 and S4). To evaluate our hypothesis of an active mechanism to eliminate M1, we blocked TyrRS and SPARC signaling, adding specific antibodies to the cell culture medium. TyrRS is secreted by cells to be eliminated and stimulates the recruitment of macrophages that eliminate the apoptotic bodies (Casas-Tintó et al., 2015). When anti-TyrRS was added to the cell culture, M1 elimination was prevented (Fig. 3A; Table S1). This result goes in line with previous reports which postulated the existence of a loser killing signal in a cell competition in vitro model (Senoo-Matsuda and Johnston, 2007), and suggests that TyrRS secretion would induce M2 recruitment and therefore might function as a signal to engulf M1 cells. On the other hand, SPARC is a protective signal for suboptimal cells. We incubated the cell culture with anti-SPARC to block SPARC protective function; consequently M1 cells were eliminated more efficiently (Fig. 3A; Table S1). To validate whether M2 cells are engulfing M1-loser cells we performed live imaging of co-cultured cells. The results showed that M2 engulfed M1 when cultured in the B16F10-derived tumoral medium (Movies 1-4). Interestingly, engulfment events were observed as early as 6-7 h of co-culture (Movie 2). According to our previous observations, autonomously tumor-induced M1 apoptosis is not yet induced at this time point. These data suggest that engulfment could be the cause of
M1 elimination in the presence of M2. A similar conclusion was previously raised in Drosophila, where engulfment genes were shown to be required for apoptosis (Li and Baker, 2007). Our results might therefore indicate that M1 behave as suboptimal cells in response to tumor signals, activate apoptosis and then are engulfed by M2, which are the tumor-associated macrophages. To discriminate as to whether engulfment is the cause or rather the consequence of apoptosis in the context of a complex tumor microenvironment remains to be elucidated in the future.

Finally, to validate that SPARC works as a protective signal for anti-tumoral macrophages, we tested M1 elimination using bone-marrow derived M1 and M2 from an SPARC KO mouse (Fig. 4A-E). M1 cells were unable to upregulate SPARC, and therefore do not activate the protective signaling dependent on SPARC signaling. Under these conditions, the number of phagocytic events (fragments of M1 inside M2) was significantly higher and M1 macrophages were eliminated more efficiently as compared to a wild-type background (Fig. 4A-D, quantification in Fig. 4E; Table S2). Consistently, a role for SPARC has been previously associated to an increase in M2 versus M1 ratio in a murine pancreatic cancer model, suggesting that M1 could also be eliminated in vivo (Arnold et al., 2012).

**DISCUSSION**

Although we cannot rule out that the decreased number of injected CAMs in vivo could be partially due to a reprogramming of these CAMs into other macrophage types or rather tumor medium-induced apoptosis, our results indicate that anti-tumoral macrophages can also be engulfed by pro-tumoral associated macrophages, as we have observed in our in vitro model. This possibility could explain why CAM-based anti-tumoral therapy has not reached the expected efficiency. Expression of specific markers and regulators of compromised cellular fitness, such as SPARC and TyrRS, identify M1 as suboptimal cells. Consequently, these cells are eliminated and reduce their anti-tumoral effectiveness. Although still preliminary, these observations might lead to the future prospect of decreasing CAMs suboptimal behavior in a way that their lifetime in the organism would be lengthened, increasing their efficiency in fighting the tumor. Future work with in vivo experiments of adoptively transferred macrophages would be required to address this possibility.

TyrRS has a dual function; under control conditions it is a Tyrosyl-transferase essential for protein synthesis. However, under certain situations in which the cell integrity is compromised, TyrRS is upregulated, secreted and cleaved to recruit phagocytic cells (Casas-Tintó et al., 2015). Because of these two independent functions, we believe that TyrRS is not an ideal therapeutic target. Although it might be interesting to evaluate the effects of blocking TyrRS in the tumor microenvironment, the side effect on healthy cells make this strategy less attractive. However, SPARC has been shown to protect cells from apoptosis in vitro via activation of integrin-linked kinase and AKT (Weaver et al., 2008) and prevents the elimination of suboptimal cells (Portela et al., 2010). We have shown here that initial expression of SPARC in M1 is probably a protective signal and only after a continuous exposure to the...
apoptotic signal, SPARC endogenous expression is overwhelmed and not enough to impede M1 elimination in vitro. According to these observations, we consider that specifically modulation of SPARC levels could be an interesting strategy to increase/improve CAMs survival rate. Following studies will be aimed to investigate if SPARC expression in CAMs could be upregulated by modulating ligand-mediated intracellular pathways like TGF-β (Shibata and Ishiyama, 2013), c-Jun (Briggs et al., 2002) and Snail (Grant et al., 2014) activity. Alternatively, overexpression of SPARC by gene-adoptive transfer could be also a suitable approach to reduce looseness of CAMs.

Overall, we propose that cell-autonomous cell death and the concomitant engulfment could play an important role in regulating tumor progression and should be taking into account when considering the behavior of pro- and anti-tumoral cells in the complex tumor environment.

MATERIAL AND METHODS
Murine macrophages and culture conditions
Mice and care
Wild-type (WT) mice (C57BL/6 background) were purchased from The Jackson Laboratory, Madison, WI. SPARC<sup>−/−</sup> femurs and tibiae were a gift from Dr P. P. López-Casas at the Spanish National Cancer Centre (CNIO); the corresponding SPARC<sup>−/−</sup> mice (C57BL/6 background) were sacrificed at CNIO following approved procedures by the CNIO Research Ethics Committee. Mice were maintained on a standard diet (Panlab, Barcelona, Spain). Care of animals was in accordance with institutional guidelines and regulations, and conformed to EU Directive 86/609/EEC and Recommendation 2007/526/EC regarding the protection of animals used for experimental and other scientific purposes, enacted under Spanish law 1201/2005. All animal procedures have been approved by the Spanish National Cardiovascular Centre (CNIC) or CNIO Research Ethics Committees.

Isolation of bone marrow cells
Bone marrow (BM)-derived cells were harvested from WT and SPARC<sup>−/−</sup> mice. Briefly, mice were euthanized by carbon dioxide inhalation. Twelve mice (8 weeks of age) were culled and femur and tibia were rapidly harvested. Skin, skeletal muscle and fat tissue surrounding the bones were removed. Both bones ends were cut and the BM was flushed with Hank’s Balanced Salt Solution (HBSS) containing 2 mM EDTA using a 1-ml insulin syringe with a 27 G needle. The obtained BM was disaggregated by pipetting and washed with PBS. Erythrocytes were lysed using lysis buffer (KH4Cl 0.15 M, KHCO3 0.01 M, EDTA.N2 0.01 M, pH7.4). BM cells were cultured (2×10<sup>6</sup> cells/ml) for 7 days with DMEM medium supplemented with inactivated FBS 10% and M-CSF (100 ng/ml) to obtain 95%-pure BM-derived non-activated macrophages and finally polarized into M1 or M2 using the following media for 48 h: for M1 phenotype, complete DMEM (with 10% inactivated FBS) plus lipopolysaccharide, LPS (10 ng/ml) and interferon gamma, IFNy (10 ng/ml); for M2 phenotype, complete DMEM (with 10% inactivated FBS) plus interleukin-4, IL-4 (20 ng/ml).
The tumoral medium was obtained as previously described (Weaver et al., 2008). Briefly, B16-F10 murine melanoma cells or A549 adenocarcinoma human alveolar epithelial cells (ATCC®) were cultured in DMEM supplemented with 10% FCS, L-glutamine and penicillin/streptomycin. Once grown to 90% confluence, medium was discarded, and flasks were rinsed twice with PBS. Cells were then incubated with fresh complete DMEM for 24 h; the tumor-cell-conditioned medium was collected, filtered (0.20 µm) and stored at −20°C. Control medium was normal DMEM supplemented with 10% FCS, L-glutamine and penicillin/streptomycin or conditioned medium derived from a fibroblast cell line (CCM). Both tumoral and control conditioned media were mixed (3:1) with fresh DMEM to compensate for the possible lack of certain metabolites.

**Quantitative RT-PCR**

Total RNA was isolated from M1 and M2 (Trizol, Invitrogen) and cDNAs were synthetized with M-MLV RT (Invitrogen). The following specific primers were used:

- **c-MYC-Forward**: 5′ GAGCTGTTTGAAGGCTGGATTT 3′
- **c-MYC-Reverse**: 5′ TCCTGTGGTGAAGTTCACGTT 3′
- **SPARC-Forward**: 5′ TAAACCCCTCACATTCCTG 3′
- **SPARC-Reverse**: 5′ CACGGTTTCCTCCTCCACTA 3′
- **TyrRS-Forward**: 5′ GCAGGAGTTCAGGGGAAG 3′
- **TyrRS-Reverse**: 5′ GGCTTTCATGTTGTCCAGGT 3′

Quantitative reverse transcription polymerase chain reaction (qRT-PCR) was performed using SYBR®-green (Applied Biosystems) using a 7500 Real Time PCR System (Applied Biosystems) with cycling conditions of 95°C for 10 min and 40 cycles of 95°C for 15 s and 55°C for 1 min. Each experimental point was performed with samples from two mice and three replicates per experimental point, and differences were assessed with a two-tailed Student t-test. Results were normalized using the housekeeping GAPDH and the ΔΔ cycle threshold method and are expressed as the relative change (-fold) of the stimulated group over the control group, which was used as a calibrator. qRT-PCR results were analyzed with 7500 v2.0.6 software (Applied Biosystems).
Immunostaining
Polarized M1 and M2 cells were co-cultured in a 1:1 ratio for 48 h in a 60 mm petri dish. Cells were fixed with 4% formaldehyde in phosphate-buffered saline for 10 min, washed three times with 0.1% triton, incubated with primary antibodies: anti TyrRS (1:100, Abnova, Taipei City, Taiwan, #H00008565-M02) (Niehues et al., 2015), anti SPARC (1:200, Cell Signaling Technology, #5420) (Fukunaga-Kalabis et al., 2008), or anti caspase 3 (1:100, Cell Signaling Technology, #9661, Lim et al., 2017), and secondary antibodies Alexa 647 (Life Technologies) and mounted in Vectashield mounting medium with DAPI. Preparations were imaged by confocal microscopy with a SP5 microscope (Leica, Wetzlar, Germany). Fluorescence quantification and cell counting was performed with Imaris 6.3.1 (Bitplane).

Aptoptosis and cell viability assays
Macrophage apoptosis was measured by an In situ Cell Death detection kit in M1 and M2 macrophages (TUNEL staining, Roche) and Phosphatidylserine (PS) externalization in M1 macrophages; briefly, M1 were harvested by trypsinization and washed twice with PBS. Washed cells were resuspended in 200 µl binding buffer (PBS containing 1 mM calcium chloride). FITC-conjugated annexin V (0.5 µg ml⁻¹ final concentration) and propidium iodide (PI; 1 µg ml⁻¹ final concentration) were added according to the manufacturer’s instructions (Biosea, Beijing, China). After incubation for 20 min at room temperature, 400 µl binding buffer was added, and samples were immediately analyzed on a FACS Calibur flow cytometer (Becton Dickinson, New Jersey, USA) with excitation using a 488 nm argon ion laser. PI was added to samples to distinguish necrotic or late apoptotic events (annexin V⁻, PI⁺) from early apoptotic (annexin V⁺, PI⁻) and viable cells (annexin V⁻, PI⁻).

Quantification of M1/M2
CellTracker Red CMTPx (Molecular Probes) and Green CMFDA (Molecular Probes) were used to mark M1 and M2, respectively. Quantification was performed using Imaris (Bitplane) software. All the cells from a six-well plate were counted; each cell was identified as a color-coded dot. The total number of cells was determined counting the red (M1), or green (M2), then the number of red signals within the green cells was measured to establish engulfment events. The ratio M1/M2 was represented as the average of three independent experiments.

Live videos
Cultured M1 or M2 macrophages were mechanically detached from culture plates with scrapers and collected in 15 ml falcons separately. They were centrifuged again at 1200 rpm for 5 min and washed with PBS. After counting on a Neubauer chamber the same number of M1 and M2 macrophages were mixed, plated on eight-well plates (Ibidi) and incubated with control medium (DMEM or CCM) or B16F10-derived tumoral medium. Cells were imaged on a time-lapse microscope every 10 min during 24 h.

Statistical analysis
Statistical significance was calculated using ANOVA Bonferroni’s Multiple Comparison Test (*P<0.05, **P<0.01, ***P<0.001) or t-test (*P<0.05).

Mean fluorescent intensity was analyzed with ImageJ (https://imagej.nih.gov/ij/) using CTCF index, which takes into account the integrated density –(area of selected cell)×mean fluorescence of background readings). This index corrects for intensity, background and cell size as it is shown elsewhere (McCloy et al., 2014; Burgess et al., 2010).

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Competing interests
The authors declare no competing or financial interests.

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Supplementary information
Supplementary information available online at http://bio.biologists.org/lookup doi:10.1242/bio.027300.supplemental

This article has an associated First Person interview with the first author of the paper available online at http://bio.biologists.org/lookup doi:10.1242/bio.027300.

Supplementary information

References


Supplementary information

Supplementary figure 1. M1 and M2 polarization-markers

mRNA expression levels measured by qPCR of usual M1 and M2 macrophage-polarization-markers (CD80, mineralocorticoid receptor-MR, Inducible nitric oxide synthase-iNOS, Macrophage arginase 1-Arg1, Resistin-like molecule alpha or found in inflammatory zone protein-Fizz1 and Beta-N-acetylhexosaminidase-Ym1/Chil3). Each experiment was performed in triplicates. Average values represent mean±s.d. Statistical significance was calculated using a t-test, with significant differences between compared groups noted by *P<0.05. M0-nonpolarized macrophages.
Supplementary figure 2. M1 and M2 FACS analysis after 24h of co-culture in B16F10-derived and control media

M1 (red box) and M2 (green box) macrophages were co-cultured for 24 hours in B16F10-conditioned medium or fibroblast-derived medium (Control) and then stained for AnnexinV (Early apoptosis) and PI (necrosis), and analysed by FACS.
Supplementary figure 3. M1 and M2 viability after 48h of co-culture in B16F10-derived and control media

Left panels. Caspase-3 staining (red or green) of M1 (red) and M2 (green) macrophages cultured for 48h separately in B16F10-derived medium (BCM) or fibroblast-derived medium (CCM, control).

Right graph. Percentage of apoptotic M1 and M2 macrophages cultured for 48h separately or mixed (mix) in B16F10-derived medium (BCM) or fibroblast-derived medium (CCM, control). Boxplots include medians, tails indicate 25% and 75% quartiles. Statistical significance was calculated using a One-way ANOVA Bonferroni’s Multiple Comparison Test *(p<0.05) ** (p<0.01) *** (p<0.001), n.s.: not significant.
Supplementary figure 4. M1 and M2 viability after 5 days of co-culture in B16F10-derived and control media

Left panels. Caspase-3 staining (magenta) of M1 (red) and M2 (green) macrophages co-cultured for 5 days in B16F10-derived medium (BCM) or fibroblast-derived medium (CCM, control).

Right graph. Ratio M1 or M2 macrophages over total number of cells after 5 days of co-culture in B16F10-derived medium (BCM) or fibroblast-derived medium (CCM, control). Boxplots include medians, tails indicate 25% and 75% quartiles. Statistical significance was calculated using a One-way ANOVA Bonferroni’s Multiple Comparison Test *(p<0.05) ** (p<0.01) *** (p<0.001).
Movies

Supplementary video 1. M1 vs M2 in control medium

Time-lapse video of M1 (red) and M2 (green) macrophages co-culture in control medium. Images were taken every 10 minutes during 24 hours.

Supplementary video 2. M1 vs M2 in B16F10-derived tumoral medium

Time-lapse video of M1 (red) and M2 (green) macrophages co-culture in B16F10-derived tumoral medium. Images were taken every 10 minutes during 24 hours. Arrows indicate M2 macrophages engulfing M1 macrophages.
Supplementary video 3. M1 vs M2 in control medium

Time-lapse video of M1 (red) and M2 (green) macrophages co-culture in fibroblast-derived medium (control). Images were taken every 20 minutes.

Supplementary video 4. M1 vs M2 in tumoral medium

Time-lapse video of M1 (red) and M2 (green) macrophages co-culture in B16F10-derived tumoral medium. Some M2 macrophages carry M1-leftovers inside. Images were taken every 20 minutes.
Supplementary table 1 (related to figure 3). M1 are engulfed by M2

Quantification of the ratio M1/M2 cultured in control medium or B16F10-derived tumoral medium for 1 or 5 days. Statistical significance was calculated using a One-way ANOVA Bonferroni’s Multiple Comparison Test *(p<0.05) ** (p<0.01) *** (p<0.001).

Supp. Table 1

| M1/M2 | Gd|4IQ | Gd|8IQ | Gd| #84M | Gd| #84M vs |
|-------|-----|-----|-----|-----|-----|-----|------|
|       |     |     |     |     |     |     |      |
|       | 89  | 72  | 28  | 82  | 4   |     |      |
|       | 88  | 85  | 20  | 74  | 3   |     |      |
|       | 91  | 88  | 19  | 76  | 9   |     |      |
|       | 93  | 74  | 26  | 69  | 10  |     |      |

Table Analyzed Data 1

One-way analysis of variance

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ANOVA Table

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Supplementary table 2 (related to figure 4). SPARC-depleted M1 macrophages are more efficiently engulfed by M2 macrophages under tumoral conditions

Quantification of the number of engulfed CAMs macrophages over the total in control or B16F10-derived tumoral medium comparing co-culture of wild type macrophages (WT) or SPARCKO ones. Statistical significance was calculated using a One-way ANOVA Bonferroni’s Multiple Comparison Test *(p<0.05) ** (p<0.01) *** (p<0.001).

Supp. Table 2

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Table Analyzed

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| R squared | 0.7834 |

Bartlett’s test for equal variances

| Bartlett’s statistic (corrected) | 11.84 |
| P value | 0.0080 |

| P value summary | ** |

| Do the variances differ signif. (P < 0.05) | Yes |

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FIRST PERSON

First person – Fidel-Nicolás Lolo Romero

First Person is a series of interviews with the first authors of a selection of papers published in Biology Open, helping early-career researchers promote themselves alongside their papers. Fidel-Nicolás Lolo Romero is first author on ‘Elimination of classically-activated macrophages in tumor-conditioned medium by alternatively-activated macrophages’, published in BIO. Fidel is a postdoc in the lab of Miguel Ángel del Pozo at the Spanish National Cardiovascular Research Centre, Madrid, Spain, investigating molecular oncology, cell biology, biophysics, *Drosophila* and mouse genetics.

**What is your scientific background and the general focus of your lab?**

I did my bachelor’s degree in biology at Universidad de Alcalá de Henares (Madrid). In 2006, I did a master’s on cellular signalling at the same university and then, a PhD in molecular oncology at CNIO (Spanish National Cancer Research Centre). During the thesis period, I studied cell competition, the process of selection among cells of the same organism by means of cellular fitness, using *Drosophila melanogaster* as a model organism; the work published in this paper relates to these previous studies. During my PhD, I had the opportunity to learn many different molecular biology techniques as well as fly genetics to obtain transgenic animals. The work done during those years rendered a number of publications where we were able to show some of the molecular details behind the process of cell competition. After that, I moved to CNIC (Spanish National Cardiovascular Research Centre) where I have worked since 2012. My present project aims to understand the molecular mechanisms that underpin mechanosensing – the ability of cells to sense mechanical forces. From the very beginning of my postdoctoral training, I started a collaboration with biophysicists to study this process in depth. The results of these investigations might shed light on diseases such as cancer and atherosclerosis.

**How would you explain the main findings of your paper to non-scientific family and friends?**

Macrophages are scavenger cells that engulf and ingest dead cells. For the sake of clarity, we would say that there are two main types of macrophages: M1 and M2. M2 macrophages have been shown to promote tumour progression under certain circumstances; whereas, the first ones, M1 macrophages, have been shown to present anti-tumoural effects and, therefore, have been used therapeutically to block cancer development. However, transfer of M1 macrophages has not reached the expected results as many of them become rapidly undetectable in the tumour microenvironment. The reasons behind this problem are poorly understood, and that is exactly what we have tried to elucidate in this study. We have gathered some evidences that suggest that this could be due to the elimination of M1 by M2 macrophages. Particularly, we have observed that under tumoural conditions (culturing cells with tumour-conditioned medium) M1 macrophages undergo apoptosis (a kind of programmed cell death), whereas M2 macrophages remain alive. Interestingly, after that, M2 macrophages...
macrophages eliminate M1 leftovers by engulfment, thus reducing their numbers significantly. These observations have been done in vitro (in cell culture) and therefore we cannot conclude that this is the actual cause of M1 elimination in vivo, but at least suggest that this might be an important factor that should be taken into account when studying the complex environment of a tumour.

“What is amazing to contemplate life as it moves, breath-taking moments of this kind compensate the long-lasting hours that research demands.”

What are the potential implications of these results for your field of research?

The tumour microenvironment is a complex system where pro- and anti-tumoural forces are in competition. Much progress has been made in trying to understand how this relates to immunity. Actually, there are many studies showing the interaction between immune cells and cancer cells, and how this affects tumour progression as a whole. However, the interaction among immune cells and the impact this could have on tumour progression has been largely overlooked. This paper tackles this problem and shows some evidences that, in our opinion, should be considered when planning anti-cancer therapies. Particularly, our results suggest that engulfment might be playing an important role in regulating tumour progression. The elimination of M1 by M2 macrophages might have implications in the way a tumour develops as the balance between pro- and anti-tumoural forces is shifted towards progression. In summary, the interactions between macrophage in the tumour microenvironment should be taken into account for therapies to be well thought out.

What has surprised you the most while conducting your research?

The most surprising thing to me was to be able to see engulfment events. It is amazing to contemplate life as it moves, breath-taking moments of this kind compensate the long-lasting hours that research demands. Another piece of evidence that was intriguing during our studies was the effect of tumour-conditioned medium on the induction of M1-autonomous cell death and M2-driven engulfment. In most cellular biology studies, we focus our attention on cellular behaviour, but I do not normally pay attention to the extent to which cells are influenced by their environment. This has clearly deepened and broadened my understanding of the cellular world and its complex interactions with the surroundings.

What, in your opinion, are some of the greatest achievements in your field and how has this influenced your research?

Cell competition was initially discovered in Drosophila melanogaster but now evidence shows that the molecular players are conserved in higher eukaryotes as well, including mammals. In the field of oncology, cell competition has helped us understand pre-tumoural stages, as one mutation could endow one single cell with a competitive advantage so that it can kill and expand at the expenses of the surrounding cells, populating a given tissue without affecting the total number of cells – a process called field cancerization. Interestingly, the notion of cells struggling for survival resembles that of Darwin’s theory of evolution and suggests a correlation between animal and cellular behaviour. This concept is particularly interesting when considering the complex tumour environment, where cells strive and try to endure in the tissue. Based on this previous work we postulated that M1 and M2 macrophages interactions could reproduce some aspects of this cellular behaviour and therefore help us explain why transfer of M1 macrophages has not reached the expected results in oncological treatments.

What changes do you think could improve the professional lives of early-career scientists?

Most laboratories function based on a pyramid-like structure with the boss at the top and the postdocs and pre-doctoral students underneath. I think that the inverse situation would be preferable: bosses helping those below to reach places where he or she cannot reach, taking the best out of everyone. In relation to this, there is the concept of mentoring, which I think would be interesting to implement in laboratory daily life: someone who gives orientation and advice based on experience to help others further develop their skills.

What’s next for you?

I have been working as a scientist for more than 10 years now and I still have the same passion for science, so I hope I can continue doing so for many years and continue getting to know the mysteries of life.

Reference